



# AL MAAREF PRIVATE SCHOOL

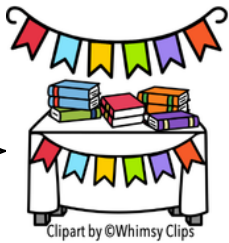
# APRIL WELLBEING NEWSLETTER



## UPCOMING EVENTS

### Book Fair

22nd April to 26th April



Clipart by ©Whimsy Clips

## It's Book Fair Time!

Help your child with

# reading

### I Spy

Play 'I Spy' games. Can you find words beginning with...? Can you find a picture of a ...? How many ... can you see?

### Ask Questions

Ask questions about the story as you read it e.g. What is the story about? Why do you think they made that choice? Was it a good choice? Why did that happen? What do you think will happen next? What was your favourite part of the story? Why?

### Make it Fun

Enjoy reading together. Give characters funny voices and engage with the pictures. Make a game out of finding words that rhyme or start with the same sound.

### Be Seen

Make sure you are seen reading. Keep books magazines at easy reach.

### Get Out

Go to your public library regularly. Find the books you loved as a kid to read together.

### Create

Use reading to inspire drawings or new stories.

### Go Online

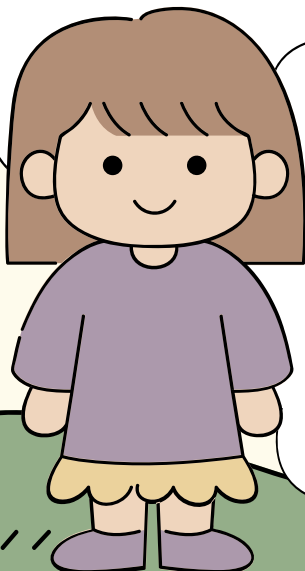
Look online & in app stores for appropriate word & spelling games.

### Make Space

Have a special place or a certain time when you read together.

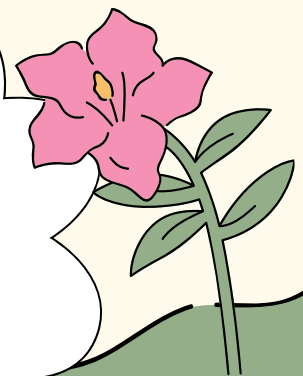
## Read everything out loud.

Books, poems, nursery rhymes, newspaper & magazine articles, food labels... anything that is close to hand!



## 5 KEYS TO BECOMING A BETTER READER

- Predict what will happen next
- As you read ask yourself questions
- Find clues in the pictures
- Learn new words
- Read.. Read..Read



# Acts of Kindness April Calendar

Monday

1

Make a card for someone special.

Tuesday

2

Donate books or toys to a local charity.

Wednesday

3

Set yourself a goal to achieve today.

Thursday

4

Give someone a compliment to help them feel better about themselves.

Friday

5

Share a favourite memory with a friend or family member.

Saturday

6

Tell a joke to make someone laugh.

Sunday

7

Write a thank-you note to someone who helped you.

8

Encourage someone that you see is struggling.

9

During a family meal, ask everyone to share the best part of their day.

10

Teach someone something you are good at.

11

Write a note to someone to show them that you care.

12

Wish the first person that you see an amazing day.

13

Recycle.

14

Share your toys with a friend or sibling.

15

Play a boardgame or do a puzzle with your family.

16

At the end of the day, write or draw one great thing that happened.

17

Find a positive quote and share it with someone.

18

Be kind to yourself and do something special for you.

19

Help a teacher without being asked.

20

Be a friend to someone in need at school.

21

Do something nice for someone who is special to you.

22

Do a chore to help someone in your family.

23

Help prepare a meal with your family.

24

Offer to help someone.

25

Introduce yourself to someone you haven't met before at school.

26

Do something that you love to do.

27

Help tidy your classroom or home.

28

Ask your teacher how their day is going.

29

Draw a picture and give it to someone special.

30

Write down something you are grateful for.

twinkl

